

South Brighton Surf Life Saving Club

2023 Members Handbook



Contents:

Welcome:	4
Club Details:	4
Surf Club Management:	5
Club Constitution	6
Membership:	6
Subs	7
Member Welfare and Expectations:	8
Grievance Procedure:	9
Communications:	9
Club House:	10
Club Sponsors:	11
Social Activities:	11
Surf Patrols:	11
Surf Patrol Conduct:	11
Lifeguard Courses:	13
Patrol Equipment:	13
First Aid Room:	14
Club ATV:	14
IRBs:	15
Fuel:	15
Surf Sports Introduction:	16
Surf Sports Coaching:	16
Surf Sports Training Venues and Times:	17
Surf Sports Gear:	17
What I should have:	18
Surf Sports Gear Damage:	18
Athlete Expectations:	18
SLSNZ Competitions:	19
Team Selections:	20
Club Uniform:	21
Gear Trailer Loading:	21
Parental Involvement:	21
Suppliers:	22

Welcome:

A very warm welcome is extended to everyone who is involved the South Brighton Surf Life Saving Club this season. It's going to be an exciting year with what we hope will be excellent education and leadership opportunities, an organised sports program, the ability to be involved with community service, a range of social activities and a sense of community.

The South Brighton SLSC was formed in 1929 with the objective of patrolling the beach to ensure the safety of swimmers. Eighty years on we have grown into one of Canterbury's most successful sporting organisations. Boasting an exceptional patrol and competition record, the club has won over 200 National titles since its inception and has been Canterbury's top club for the last decade as well as winning New Zealand's top club award for five seasons in a row- a competitive record unmatched by any other New Zealand club.

Our active members still maintain voluntary patrols at the South Brighton beach during the summer season with safety of the swimmers our number one priority. We have over 200 active and social members ranging in age from five years right through to those in their late eighties.

Being a South Bright SLSC member should be enjoyable, rewarding and fun. We ask you to come with a positive attitude to make the most of your opportunities. The emphasis is on developing skills, knowledge, understanding and doing your personal best.

This booklet will provide you with information regarding all areas of the club, what you can expect and what is expected of you, the member. As you read on, the management of the club hope that you gain an insight into what our club is about, no matter what area you are interested in. Our aim is to be the best, whether we are patrolling the beach, competing in championships, being a vital part of our local community or simply having fun.

Club Details:

Club Location	Corner Bridge Street and Marine Parade South Brighton Christchurch
Postal Address	PO Box 18504 New Brighton Christchurch
Phone	03 3882020
Email	admin@sbsc.co.nz
Website	www.sbsc.co.nz
Instagram	@southbrightonsc

Surf Club Management:

The Club is run by a committee which is voted in at the club AGM. The committee makes decisions and sets policies relating to all facets of running the club such as health and safety, sport, gear, patrolling, finances, club house management, junior surf programs, clothing and social events. Key members this season are:

Name	Position	Email
Kevin Lanyon	Patron	lanyonkm@xtra.co.nz
Rohan McNaughton	President / Executive committee	rohanmcn@hotmail.com
Rebecca Redmond	Vice President / Executive committee	rebecca.redmond@agresearch.co.nz
Brad Wilson	Sports Manager / Executive Committee	b-radwilson@hotmail.com
Jenny Bell	Committee / Accounts	accounts@sbsc.co.nz
Chris McCallum	Committee	chrisathansen@gmail.com
Julie Jorgensen	Committee / Junior Surf	juniorsurf@sbsc.co.nz
Luke Johnstone	Committee	Lukejohnstone75@gmail.com
Matt Sheppard	Committee	sheppardoes@xtra.co.nz
Catherine Nolan	Committee	catherinecarney@hotmail.com
Angela Trist	Committee	Angela.trist@xtra.co.nz
Callum Jeffery	IRB Captain	callumnjeffery@gmail.com
Gabby DeLaTour	Lifeguarding	lifeguarding@sbsc.co.nz
Bec Kyle	Committee	
Kate Shanks	Committee	kateshanks1@gmail.com

Please feel free to contact anyone on the committee if you have any questions, ideas or suggestions about how the club runs and what we should be doing better.

If you have specific questions about areas in the club, you can use the following emails:

Email	Area	Notes
admin@sbsc.co.nz	Club Administration	Used for club administration
lifeguarding@sbsc.co.nz	Patrolling	Used for questions around life guarding, patrolling, life guard courses etc.
juniorsurf@sbsc.co.nz	Junior Surf Program	Used for all questions and communication around the U14 Junior surf program.
Accounts@sbsc.co.nz	Club Accounts	For questions relating to club accounts, invoices etc.

Club Constitution

Although the committee makes day to day decisions around the running of the club, they are in turn bound by the club constitution when making decisions. This constitution lays out the governance rules and regulations for the club. If you wish to see a copy of the South Brighton club constitution, please ask any of the committee members or download it from the club website.

Membership:

The club offers several membership options for members as below:

Competitive Senior	Patrolling members age 18+. Rostered to patrols and must gain/hold Surf Bronze Medallion as a minimum. Access to training programs and services, allocated club gear, use of club house. Most competition entries paid for.
Associate Membership	Patrolling members, masters and non-competitors. Access to unallocated gear, use of club facilities. Masters' entries not paid for. Access to training programs if required.
Social Membership	Invitations to club social events, use of club house facilities. Great for junior surf parents looking to support and be involved in the club.

Junior Surf

This is for children under 14 who wish to participate in the junior surf program. Specialist coaching every Sunday morning, access to club gear, introduction to competitions, social event invites and access to a whole new group of friends.

Subs

All members (with the exception of life members) are required to pay club subs. This money is essential in maintaining the services for the general membership. The committee sets the subs for the various membership categories at the start of each season after which time the club will send invoices to members for the amount due.

Paying subs is not optional and the club reserves the right to hold back club gear, entries to competitions and travel to events like Nationals if subs are not paid.

Subs for the season are as follows:

Senior Members	\$150
Junior Members	\$65 / \$150
Social / Lifeguard Members	\$35

If any member is having problems with subs or has any concerns about their ability to pay them, please contact a member of the committee so other arrangements can be made. In the current times, we don't want anyone to feel excluded for financial reasons.

There are also fees charged as below:

Fee	Description
Coaching Fee	This covers access to the club coaching program over summer. This is usually a 24-week program offered 6 sessions a week.
Gear	Gear fees are charged to cover the cost of repair. The club repair bills are substantial, and this fee covers you in case of damage. This season we expect it to be about \$150 per craft.

Fees are invoiced to you or your parents via the Friendly Manager system. We ask that any monies be paid promptly as the club does not have the resources to carry members who are late payers.

Online Payments:

The club's invoices are available to be paid online via a third-party banking system called Stripe. This makes our accounts far easier to manage and if possible we ask you pay for invoices this way.

Member Welfare and Expectations:

South Brighton SLSC adheres to member protection policies which aims to uphold its core values and create a safe, fair and inclusive environment for everyone associated with our organisation. It sets out our commitment to ensure that every person involved in our organisation is treated with respect and dignity and protected from discrimination, harassment and abuse. It also ensures that everyone involved in our organisation is aware of their legal and ethical rights and responsibilities, as well as the standards of behaviour expected of them.

The club has a member code of conduct which we expect members to abide by. As a South Brighton SLSC member, you should meet the following requirements in regard to your conduct during any club or SLSNZ sanctioned activity.

1. Respect the rights, dignity and worth of others.
2. Be fair, considerate and honest in all dealings with others.
3. Be professional in, and accept responsibility for, your actions.
4. Make a commitment to providing quality service.
5. Be aware of, and maintain an uncompromising adherence to, standards, rules, regulations and policies.
6. Operate within the Constitution, Regulations, Policies and Procedures of South Brighton SLSC and SLSNZ.
7. Refrain from any form of abuse towards others.
8. Refrain from any form of harassment towards others.
9. Provide a safe environment for the conduct of the activity in accordance with relevant SLSNZ policy.
10. Show concern and caution towards others who may be sick or injured.
11. Be a positive role model for others in the club.

South Brighton SLSC expects all members, supporters, advisors, staff and associates to abide by a Code of Conduct that upholds the principles and values of the organisation and the SLSNZ Member Protection Policy. Members should recognise that at all times they have a

responsibility to a duty of care to not just South Brighton SLSC members, but also SLSNZ members.

Specifically:

1. Understand the possible consequences if you breach SLSNZ Regulations, Member Protection Policy or Code of Conduct.
2. Refrain from any form of abuse towards others.
3. Refrain from any form of harassment towards others.
4. Provide a safe environment for the conduct of the activity in accordance with relevant SLSNZ policy.

Never act in any way that may bring disrepute or disgrace to South Brighton SLSC, SLSNZ members, its stakeholders and sponsors. Remember everyone has a camera now and posts to social media don't always show the whole story.

Grievance Procedure:

A grievance means any type of problem, concern or complaint about your involvement or the environment you are involved in. For example, you could have a grievance about:

- Development and training availability
- How an issue has been handled
- The club environment
- Safety in the workplace
- The treatment by an official or officer
- Discrimination, bullying or harassment

The club recognises you can't enjoy the club experience if you feel other members or officers or anyone else at the organisation is treating you unfairly, discriminating against you or harassing you. If you have a grievance to report or want someone to talk to for advice etc. then please feel free to contact either your age group captain or the club's appointed advocates Rebecca Redmond or Catherine Nolan. The club complaints process available in the member protection document on our website under downloads.

Communications:

The Club minimises its postage and printing costs by communicating electronically. To make sure you get the relevant information it is vital that each member maintains a current email address and mobile phone number with the Club. Information and notices may reach you via:

- **HEJA** which is our communication app.
- **Email** to specific groups, e.g., Nippers, Senior Competitors;
- **SMS** (usually when the message is urgent);
- **Facebook** groups .

The Club website will also have links to SLSNZ pages, downloads and other information. We ask that members where possible utilise the HEJA app. This is available for both Apple and Android devices. The club teams are as follows:

Team Name	Team Code	Notes
2023 South Brighton Surf Sport Squad	HK-339290	Used for surf sports communications
2023 SB Lifeguarding	TF-400921	Used for lifeguarding and course communications etc.

Club House:

The clubhouse is a fantastic facility but one that's going to come with some different expectations than what we have had in the past. We ask members to adhere to the following rules:

1. Absolutely no wet gear upstairs, either in the patrol room or hanging off the building.
2. No getting changed anywhere but the changing rooms.
3. Keep showers to a minimum because it now costs the club money.
4. Try not to take sand, water, wet gear etc into the patrol room.
5. Close the building as much as you can when on the beach training.
6. Make sure the building is secure if you're the last one out.
7. If you ever find the bar is open, it's not an invite to help yourself.
8. Understand this building will be used for functions by the public, so respect is important.

The new building has a dedicated patrol room with its own kitchen and microwave, charging stations for phones etc. Please keep this room tidy. Remember as well that visibility on the beach patrolling is important, and you're still a long way from the beach in the patrol room.

The new club will have WIFI available for members, but we expect this won't be abused, nor will it lead to the detriment of patrolling standards (i.e., looking out the windows and not at your phone). The patrol room also has a TV with Netflix etc, we expect this to be used in a professional and appropriate manner.

Club Sponsors:

Sponsorship is an important source of revenue for the Club. The club's primary sponsor is Dyers Road ITM. They donate significant money to the club and in return we provide them with a positive association to a great community organisation.

The club also seeks funding from a variety of other sources such as SLSNZ, Class four gaming trusts and private donations.

It is often a great help if anyone in our membership has a contact or thinks they can assist in gaining sponsorship. Any opportunities you think we might have, please contact a member of the committee. Note that any opportunities cannot clash with existing sponsorship arrangements.

Social Activities:

With the arrival of a new club house, the committee will be stepping up social activities for members. Keep an eye on Facebook and emails for more details. If you have any ideas for social get-togethers, please feel free to contact Catherine Nolan or Bec Kyle from the committee.

Surf Patrols:

The club is required to provide fully qualified patrols on ALL Saturday afternoons, Sundays and Public Holidays during the season. This season we have moved to a self-roster system where members can select the weekends they wish to patrol. Competitive members are expected to do at least 20 hours patrolling or four patrols. **It is your responsibility to take note of your patrol dates.**

You must requalify your lifesaving awards before 31st October 2023. Gabby and the instructors will be arranging recertification days so we can requalify everyone in bulk. Keep an eye on the HEJA app and Facebook for dates and venues. If you're not requalified by the first competition, we cannot enter you in events via the SLSNZ online system. This is then your problem, not ours.

This season SLSNZ is under central government funding to provide a rescue service. Whilst this is great for the club, it means increased responsibility and visibility. With this in mind, the IRB is to go on the beach every patrol unless the weather prevents this.

Surf Patrol Conduct:

On your rostered days please arrive at least 15 minutes prior to the patrol scheduled start time. Make sure you correctly fill in the patrol logbook, detailing name, signature, designated position in patrol, start time and substitute if appropriate (all patrol hours must be recorded in the Patrol APP, this can be accessed via the club laptop or your phone).

The patrol captain will also need to fill out the Site Docs patrol safety assessment, again via either the club laptop or your phone.

Uniform

Patrollers by now should have been issued with a free patrol uniform. If you don't have one or it needs replacing, you can order replacements via the Friendly Manager portal. For identification purposes, all Lifesavers must wear their uniform while on duty.

Please also remember:

1. Patrol members must ensure they wear the patrol shirt with the current sponsor on it.
2. Please order via the Friendly Manager portal if you need replacement of any damaged or lost items.
3. It is the sole responsibility of the Lifesaver to bring their uniform to each patrol.
4. The club will provide jackets etc.
5. Patrolling members must be properly attired at all times.
6. Remember to be sun smart – 'slip' on a shirt, 'slop' on sunscreen regularly, 'slap' on a hat, 'seek' shade in the hottest part of the day and drink enough water.
7. IRB Drivers, IRB crew and people acting as patients for pick up MUST wear approved Personal Floatation Devices at all times whilst in the water and approved Helmets, in any training situation, as per SLSA regulations.

At the start of a patrol the Patrol Captain will direct the movement of the equipment to the beach and organise rolling swaps etc.

Patroller Responsibilities:

1. While on duty all lifeguards are expected to devote their time and attention to the patrols and shall direct and co-ordinate their efforts in a manner which will establish and maintain the highest standards.
2. All lifeguards should wear the COMPLETE patrol uniform that has been supplied to them. If they are unable to do so, let the patrol captain know why.
3. All lifeguards are to be actively involved in either the set up or pack up of the patrol (although both is preferred).
4. Lifeguards shall not behave in such a manner as to bring disrespect upon himself/herself, the club or SLSNZ.
5. At the end of the day the equipment is taken back to the club, washed down, put away and the clubhouse tidied – especially the change rooms, and the first aid room.

Patrol Substitution

If any member is unable to attend his/her rostered patrol, they must obtain a suitably equivalently qualified substitute (either swap with a member from another patrol or from the Active Reserve list contained in the patrol roster) and advise their Patrol Captain well in advance.

Failure to arrange for a substitute may result in a penalty patrol. All rostered hours are expected to be completed. Competitors who miss patrols and fail to arrange a substitute may be barred from competing in surf carnivals and/or championship events.

Lifeguard Courses:

There are plenty of opportunities in the SLS movement for upskilling via courses and employment. Keep an eye on face book for details of upcoming courses. If there is something you would like to do, please step up and have a go.

The club lifeguard training is funded by SLSNZ meaning you don't have to pay for many courses such as First Aid L1, VHF radio, intermediate guard etc. These courses also lead to employment such as pool guards, paid guards over summer and other outdoor based jobs. All members are encouraged to upskill and pursue qualifications. Please just ask for advice or assistance, and remember, everyone is entitled to go on courses.

There is more to read about the courses you can do through SLSNZ here: [Surf Lifesaving NZ - Lifeguard Education](#) . If you see something you would like to do, ask your age group contact or keep an eye on HEJA or the patrolling Facebook page for details.

Patrol Equipment:

This season the club made significant investments in patrolling equipment and first aid supplies which should be looked after as much as possible. Equipment designated for patrol use must only be used whilst on patrol or performing water safety by suitably qualified members. Please remember:

1. Any damage MUST be reported to Gabby DLT as soon as possible.
2. Wash down any gear that needs it, report any shortages or missing gear and look after what we have.
3. Equipment may not be taken away from the club unless permission has been granted by a member of club management.

First Aid Room:

The First Aid room is located on the bottom floor of the club. Everyone should now have the combination for the door, and it should be opened during each patrol and locked at the end of each patrol day.

Patrols will be responsible for ensuring all gear is cleaned, in working order and put away in its correct place and the first aid room is left clean at the end of each patrol. Please let Gabby know of any equipment malfunctions or first aid stock shortages to as soon as they are noted. This will help ensure gear is ready for the next patrol.

Club ATV:

This season the club will have an ATV for moving the IRB up and down the beach. These vehicles are not toys and under SLSNZ and Land Transport rules, the club is liable for any accidents that happen through member negligence. Please remember:

1. Surf Life Saving vehicles may not exceed any set beach speed limits as set by local authorities.
2. Only members with a **full driver's licence, a restricted licence with a full licence holder as passenger** or higher are to drive the ATV.
3. In high patronage areas, vehicles may not exceed walking speed (i.e., 5kph - close to flagged areas, on crowded beach areas). In low patronage areas, vehicles shall not use excessive speed (and may not exceed 30kph).
4. Speed shall only be used in an emergency situation or matter of urgency and at all times the driver must take every precaution to ensure the safety of themselves, passengers and all other beach users.
5. When driving over the bump at the end of the driveway on a busy day, utilise a spotter to ensure the public are not at risk.
6. The ATV shall only carry driver and if required a passenger. **No one is to sit in the ATV tray or boats towed by the ATV.**
7. The ATV driver shall wear seatbelt and close net door when driving. Passengers are to adhere to the same rules.
8. The ATV is not to be driven past the bollards into the public car park or on the road, or to the north or south of the dog roaming sticks (the poles) unless authorised. The ATV is not to be used for "roaming patrols" to the north or south of the club, unless in case of emergency.

9. When driving the ATV, you're in the public eye. Any driving considered to be reckless, dangerous or that could endanger the public image of the club will lead to suspension of concerned driver.
10. Please wash the ATV thoroughly after each day. If it does not last, we won't be allocated a new one.

These vehicles are very much in the public eye and as SLSNZ will attest, some members of the public will take great pleasure in sending photos to the police of members not using helmets or speeding. In the age of social media, it's very easy to be caught out so please follow the rules.

IRBs:

This year we are encouraging members to use the IRBs as much as you like. We have a fantastic new IRB division who will help anyone who wants to get into IRB's so feel free to use them. However please note:

1. If you don't have a licence, you cannot drive them unsupervised.
2. Clean and wash them properly once you have used them.
3. Don't leave it for the next person to clean up or manage.
4. If there is a problem, own it and tell Callum.

Whilst using the IRB's, remember you are in the eye of the public so please:

1. Put out the relevant signs indicating an IRB is in use.
2. Only qualified crew can use the boat with a driver.
3. Don't drive through the flags at full speed unless it's an emergency.
4. Be aware of your surroundings and what is happening.
5. Don't hot dog, do flips off the front or anything else that will increase the chances of injury or a phone call to SLSNZ about the cowboys in the ocean off South Brighton.

If you're interested in getting into IRB's or obtaining any qualifications then please speak to either Mathieu Reid, Gabby or Callum.

Fuel:

The club will likely use considerably more fuel than usual this season as we encourage more people to use the IRB's etc. Please remember:

1. We now have fuel cards for the Challenge down the road. If you need fuel, please ask either Callum or Matt Sheppard.
2. If you buy fuel, your responsible for ensuring its mixed properly.
3. This season the club will have a secure fuel storage tank. Please make sure you put the fuel containers and bladders inside the unit and close the door!
4. Try not to drive the ATV down to the Challenge for fuel unless absolutely required.
5. If you need to fill up any tanks or bladders, please follow the proper PPE procedures and use the fuel spill matt.

Remember petrol burns! Make sure you know where the fire extinguishers are and take proper precautions when pouring and using petrol.

Surf Sports Introduction:

South Brighton has a long and proud record as a competitive club locally and nationally. There have been many very talented athletes involved in the club over the years that have reached the pinnacle of the sport. In surf sports, South Brighton members have won national and world championship titles and we have a goal of continuing to grow through our surf sports programs.

This season we will be putting on our coaching programs as in the past.

As part of the clubs "one team" goal this season, if you feel you can spare some time assisting with junior surf, then please let us know.

Surf Sports Coaching:

The sports coaches and management team this season are below:

Name	Position	Email
Brad Wilson	Sport Manager	b-radwilson@hotmail.com
Angela Trist	Sports Committee	angela.trist@xtra.co.nz
Chris McCullum	Sports Committee	chrisathansen@gmail.com
Julie Jorgenson	Sports Committee	juniorsurf@sbsc.co.nz
Callum Jeffrey	Sports Committee	callumjeffery@gmail.com
Rohan McNaughtan	Sports Committee	rohanmcn@hotmail.com
Luke Johnstone	Sports Committee	lukejohnstone75@gmail.com

If you have any question or suggestions about the sports program, please feel free to contact any of the above.

Surf Sports Training Venues and Times:

Times and venues for all training disciplines will be listed on the HEJA training chat groups and club newsletters. These sessions may be modified by the individual coaches from time to time to meet competition and surf condition safety requirements.

Please ensure you check HEJA regularly to make sure you get the required updates and information.

Surf Sports Gear:

Please remember when you are using equipment that is the property of the club, you have a responsibility to maintaining it at the highest level. You will be financially liable for any unnecessary or careless damage. In general, if you're allocated club equipment please remember:

1. Allocated gear is a privilege, not a right. If the criteria, rules or intent of the gear allocation agreement are not adhered to by the member, then the South Brighton Surf Club may at its sole discretion revoke the agreement with the member/s and any funds contributed to this agreement by the member will be forfeited to the South Brighton Surf Club.
2. Members shall not use other members' Boards & Ski's without prior approval of the owner.
3. Report any damage to the club craft officer as soon as possible. Unless racing, it's not acceptable to repair any gear with tape etc. and continue to use it. Remember to obtain authorisation before having any repairs done.
4. The clubs preferred repair agent is ASP in Ferrymead. Please don't use other repair agents unless cleared by your coach.
5. Hose down the craft after use in the ocean with fresh water.
6. Please only use proper tie downs when tying craft down, rope is not to be used in any circumstances.
7. If transporting your craft, ensure its properly secured to trailers and roof racks with proper tie downs.
8. Try not to expose your craft to prolonged exposure to the sun and wind where possible.

9. Tape or driftwood are not ski bungs. If you paddle ski, get your own (we can tell you where) and don't lend them to anyone, take your eyes of them or leave them in your ski!
10. These rules apply to team craft such as double skis and canoes as well.

What I should have:

When attending training or a competition, try to make sure you have:

1. The right togs, high vis vests and hats. Also remember wetsuit vests etc. if the weather is cold.
2. Wax, screwdriver, allen keys, spanner, duct tape and spare bungs.
3. Sunscreen, hats, sunglasses, water/fluids and appropriate food.
4. Spare towels and other warm gear if required.

It's also very important, especially at long competitions to try and stay off your feet and out of the sun. Also, at the very least, wear jandals or running shoes when walking up and down the beach. This is especially important at a soft sand beach like Mt Maunganui.

Surf Sports Gear Damage:

The club spends a lot of money each season on repairing gear. If you own your own gear, you will be able to buy into the club repair system this season for a fee (think of this like insurance). If you have damaged gear to be fixed, please do not just throw tape over the damage and keep using it. That never works and its more money for us to fix it properly later.

The club has preferred gear repair people and it's our expectation these people will be used. Don't try and buy some glass from Mitre 10 and have a go at fixing something yourself.

Athlete Expectations:

The South Brighton Surf Life Saving Club has certain expectations of anyone participating in our organised surf program. As athletes we expect you to:

1. Attend training sessions where possible as often as you can.

2. Attend surf carnivals where possible for your own enjoyment and in support of your team
3. Actively promote South Brighton Surf Life Saving Club with friends and others.
4. Support all club fundraising activities when requested.
5. Compliment and support others on their achievements – be a *team* person.
6. Treat all club equipment with care. Follow instructions on carrying, handling and cleaning equipment and make sure that all equipment taken out is washed down and put away in the correct way.
7. If equipment is damaged report, it immediately to your coach or sports manager.
8. Have fun! If you're not having fun, then tell us!

Remember that when doing organised sports or coaching programs, it's not about talent or naturally being the best. The following require zero talent and ability.

1. Being on time.
2. Applying work ethic.
3. Body language.
4. Energy.
5. Attitude.
6. Doing extra.
7. Being prepared.

SLSNZ Competitions:

As a Member of South Brighton Surf Life Saving Club, when you are touring or competing at carnivals you are representing your club and must behave accordingly. In general, please ensure that you:

1. Are punctual to any carnivals, meetings etc. that you are required to attend.
2. Wear the required club uniform where possible.
3. Come prepared with the correct equipment to race. It's not the club responsibility to provide sunscreen, bungs, wax, screw drivers, ding tape etc.
4. Respect and cooperate with teammates, officials, coaches and opponents.
5. Accept the decisions of officials without arguing or showing dissent.
6. Do not use bad language, physically threaten or insult opponents, coaches or spectators.

7. Have a good knowledge of the rules, play by the letter and the spirit of the rules.
8. Have a desire to compete to your best ability, enjoy the competition and develop your skills.

When the club is away at Nationals or other events, please ensure that you:

1. Are punctual to any flights, meetings etc. that you are required to attend.
2. You are aware of the club's travel plans and what your obligations as an athlete are.
3. Treat others property and belongings with respect. Remember the South Brighton Surf club have to complete an accommodation report and send this to SLSNZ.
4. You do not leave the beach without informing club management.
5. You make yourself available to help others where possible.

Note that the South Brighton Surf Club reserves the right to send any athlete home in the advent of gross misconduct or bad behaviour. This will be the decision of the club management and no right of appeal is allowed.

Team Selections:

Team selections are undertaken by the coaches and sports committee before major events. The final selection of team's consideration may also be given to, but is not limited to, the following factors:

1. Results / performances at other relevant surf lifesaving events during the season.
2. Previous results / performances at local and national surf lifesaving events.
3. Current level of skill and physical fitness (where relevant)
4. Current or potential injury or conditions, which may impair, inhibit or prevent performance to the requisite level.
5. The athlete's personal "workload" / program at the relevant event.
6. Demonstrated and/or potential ability to work with fellow competitors, coaches, managers, and officials.
7. Ability to operate in a team environment.
8. The potential to successfully achieve the objectives of the team.
9. Other factors considered relevant in the circumstances.

Club managers and coaches will do their best to communicate team selections in a fair and transparent manner. If you have any questions about team selection, please approach the Sports Manager in the first instance.

Club Uniform:

When competing at competitions club members are required to wear the club uniform as decided by the club committee. Club togs and beanies are available for purchase via the Friendly Manager club portal. At certain events, additional protection such as rash shirts etc. will be permitted. You will be informed of this before the race starts.

A reminder that all water activities (training or racing) require compulsory high visibility vests. If you're not wearing these at training or racing (organised or otherwise), the coach or officials will withdraw you.

If you don't have a high vis vest, please purchase one via the friendly manager club portal. Note that the club decides what is high vis and what is not. If your vest is worn and faded, you will need to replace it.

Lastly, the club is working on a range of clothes for the upcoming season that will be available online for purchase. More information about this will be coming soon. If you have any requests or ideas for uniforms etc., please tell someone on the committee.

Gear Trailer Loading:

Members will be informed prior to competitions when the club trailer will be loaded. It's your responsibility to load your equipment on the trailer in a safe and appropriate manner. The person towing the trailer reserves the right to remove equipment they feel is not tied down in a safe and secure manner etc.

We encourage using board bags for long trips, there are plenty in the club downstairs that can be used.

Please note that only proper tie downs are to be used for securing equipment. Rope is NOT allowed. Also remember, whilst tie downs need to be tight, don't pull them too tight else you will dent your gear. There will be a demonstration of using tie downs properly before the season starts!

Parental Involvement:

Parental involvement is important at any Club and ours is no different. Parents are encouraged to join in the various activities both in the water and on the beach. If involved

in the South Brighton Surf Club, we encourage parents to follow a parental code of conduct as outlined below.

1. Show equal respect to competitors and other club members.
2. Do not ridicule other competitors or members of the club.
3. Show respect for competition officials.
4. Never criticise officials or South Brighton Surf Club representatives and their decisions in front of other members.
5. Give teams and competitors representing the South Brighton club positive support.

There are lots of opportunities for parents and supporters to be involved in the club and it can be rewarding and enjoyable. If you feel like you can help, contact any member of the sports committee for advice.

Suppliers:

Bungs	If you need Fenn Bungs, try either Oscar at Fenn Kayaks NZ or OceanPaddler.com site from Australia. The club provides some, but we spend about \$200 a year on them so that's stopping.
Wetsuits	Seventh Wave or Quiksilver shop in New Brighton
Wax	Surf shops. Try and get wax for cooler water.
Boards	Feeling flush and want a board? Sonic NZ or Waterman Store in Tauranga. Waterman usually carries stock and it's about \$80 to freight to CHCH. Sonic make to order and usually take about 6 weeks depending on the season.
Skis	There are many kinds of skis. Speak to one of the seniors about what you should look for if buying one.
Paddles	You get what you pay for with paddles. Best brands for surf paddlers easily obtainable in NZ are either Meek (Dave Smith - \$600) or Bennett paddles (Luke Smith – range in price). Try to avoid the temptation of getting cheap ones from Trade Me unless you ask

	<p>one of the seniors first. Not all that glitters is gold....</p> <p>Geartrade Australia sometimes have cheap second-hand paddles, but you will need to convince them to post to NZ, pay GST...</p>
Club Togs	Available via the clubs Friendly Manager portal.
High Vis Vests	Available via the clubs Friendly Manager portal.
Tools	Mitre 10, Dyers Road ITM or even the hardware store in New Brighton.

This season is the beginning of a new opportunities for the club and its members. A club is only as good as its members and we are all here to do our best, provide a great community service and above all, have fun and enjoy what we are doing!

