



SOUTH BRIGHTON SURF LIFE SAVING CLUB JUNIOR NIPPERS PROGRAMME

Information for all Junior Members 2020-2021 Season

KEY DATES

1st November First Day of Junior Surf
21st March End of the season



REGISTRATION AND SUBS

As a volunteer club, we rely on grants and volunteers to run our club. Subs only contribute to a small portion of the cost of running our club. To attend all Juniors must have submitted their registration and paid subs. Your Subs covers Sunday coaching, use of facilities, boards, entry to carnivals. Board allocation, Mid-week training or Summer surf camp are additional. Subscriptions are:

U6s to U7s	\$ 60	U8s to U14s	\$ 120
Social membership	\$ 30	Associate Member	\$ 60
Family membership* \$210 for 2, \$270 for 3, \$300 for 4 or more			
* Does not include U6/7 or social or associate members			

EQUIPMENT AND UNIFORM



Yellow caps and Fluoro vest (pictured) are required at every session. Juniors will not be allowed in the water without them. Juniors are provided with boards to use for the summer although the majority of these are not assigned but shared on a Sunday amongst the groups.

For some U11-U14 juniors, boards may be assigned to them for the season. Some of our equipment has a board allocation fee charged for the use of boards. More information on this will be sent directly to U11-14 athletes that this applies to.

AGE GROUPS

Age at 30th Sep 2020 - will be the group you are in for the season.

(if you are 9 on 30th Sep, you will train in U10 group, if your birthday is on 3 October, you would train in U9 group because you would still be 8 on the 30th September. At times age groups may be combined at coach discretion

U6	Use boogie boards – intro to beach/water, games etc
U7	Sunday mornings - boogie boards
U8	Competing at Carnivals begins & encouraged - boogie boards
U9	First year using Mini Nipper Boards (6'6)
U10	A group - 200m badge award required for extension group
U10	B group – no 200m badge, working towards it
U11-U12	Use 8'10" boards, mix of foam and glass boards available Encourage purchase of own equipment Mid-week coaching available subject to coach approval
U13-U14	Using 10'6" Full length boards. Some may be invited to train with our Senior members at the discretion of our club coach. Encourage purchase of own board. Mid-week coaching.
Intro to Surf	Those new to Surf club and for our less confident U11-U14, we have an Introductory programme. Focus on swimming and lifesaving skills with some board paddling at an intro level. This leads into the Rookie Programme for U13-U14
Rookies	For those 13-14 years and sitting their lifeguard award next season. This programme runs in addition to Sunday mornings and prepares juniors to sit their lifeguard award in <12 months (a separate application form for Rookie Programme available)

Also refer to <http://www.southbrightonsc.co.nz/nippers>

SUNDAY MORNINGS

- ✓ 9.15 start (ready to go before 9.15), finish between 10.30-11ish
- ✓ Yellow hat and vest are compulsory - training is not permitted without it
- ✓ Put sun cream on before you come to the beach, bring a drink bottle
- ✓ Don't leave your training session without 'checking out' with your coach
- ✓ Safety is number 1

PARENT INVOLVEMENT

- ✓ Parents must always actively supervise their kids. This means being on the beach at the water's edge when they are in the water
- ✓ We expect parents to stick around for the session and generally be prepared to get in the water and give a hand or help in other ways
- ✓ We acknowledge that some kids need help, but we do encourage parents to work towards their kids being independent at surf club with both their own gear and equipment – they use it, they carry it/clean it/store it
- ✓ We have a Junior Committee that runs Junior Surf and we expect 1 parent from each family to get involved with helping run our programmes

MID WEEK AND SUMMER SURF CAMPS

- U11-U14 Able to register for mid-week training and kids apply to participate
Training Tuesday & Thursday 4.30-5.30, Saturday morning (Lyttleton/Beach)
Starts October at Lyttleton, returns to beach by mid-November
Runs until mid-February
- Summer Over 3 weeks in January the club runs a Summer Surf Camp for U11-U14 by application to train Monday – Friday
(1-2 hours each day with our Club Coach)
- Cost: \$100

MORE INFORMATION

You can download the full [Junior Surf Handbook here](#)

[For our new Member Application Form click here](#)

Information on Mid-Week Training and Summer Surf Camp go to our website

All other general enquiries please email our Junior Surf Captain Julie Jorgensen on chair.sb.slsc@gmail.com

